**6.4 Nappy changing**

**Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

**Procedures**

* Our staff have a list of children that require nappy changing, they are to be changed at changing times during the day (10am, 2pm, 5pm) or when necessary.
* We encourage children who show interest in trying the potty or toilet, discussing with parents if/and when they want to start trying.
* We have a nappy changing rota, so all staff change the children throughout the week this is so that children do not expect this to always be the same member of staff and they may not always be in on every session.
* Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are pictures and other objects of interest to take the child’s attention.
* Each child has their own pocket to store their nappies or pull ups and changing wipes. (we also provide wipes and nappy bags as they are biodegradable)
* Our staff put on gloves and aprons (optional) before changing starts and the areas are prepared. The change mat is thoroughly cleaned for each child with disinfectant and dried after each use ready for the next child.
* All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
* Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
* We are gentle when changing; we avoid pulling faces and making negative comments about ‘nappy contents’.
* We do not make inappropriate comments about children’s genitals when changing their nappies.
* In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
* We change children on a change table (risk assessed) in the children’s toilet to encourage them to observe others going into the toilets and using them confidently.
* If a child does not like the table we move the change mat onto the floor for them to feel safe and secure.
* We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
* We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
* We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
* Older children access the toilet when they have the need to and are encouraged to be independent.
* We dispose of nappies and pull ups hygienically, the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
* We have a ‘duty of care’ towards children’s personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

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| This policy was adopted by | Hadleigh Parkside pre-school | *(name of provider)* |
| On | March 2024 | *(date)* |
| Date to be reviewed | March 2025 | *(date)* |
| Signed on behalf of the provider |  | |
| Name of signatory | Mica Robinson | |
| Role of signatory (e.g. chair, director or owner) | Deputy manager | |